

## 2003 Annual Report

### Highlights for Year 2003

In 2003 Kham Aid Foundation forged ahead on all fronts, offering grass-roots assistance to needy Tibetans in Kham. Our busiest areas were in the fundamentals: health care and education. We significantly **expanded two existing programs**:

- We gave \$32,923 worth of new medical equipment to clinics and hospitals in Kham.
- We gave \$7,735 worth of equipment to schools scattered around Kham.

Responding to the needs expressed by leaders in Xinlong (Nyarong) and Dege (Derge), this year we added **two new activities**:

- Ten families received loans to construct greenhouses, and were trained in the planting and care of vegetables.
- We conducted a preliminary information-gathering visit to two temples in Kham, and documented recent architectural changes in Dege's Old Town, with a view to new cultural heritage protection efforts.

Incoming donations have held strong, with a total of \$177,109 received in 2003, a slight increase over 2002. Of these funds, 41% was given by private individuals, and 57% per cent by foundations. (The rest came from selling books and other Tibetan items, and interest on our bank accounts). Now as in the past, we hold to a strict policy of sending 90% of each donation directly to the donor-specified program; **only 10% goes to fund-raising and administration.**

Reports on our individual programs follow.



Top to bottom: (1) Kham Aid team celebrates another school renovation; (2) Assembling newly delivered desks at the Litang Nomad Primary School, (3) Wheelchair recipient in Dege; (4) Greenhouse built with funds loaned by Kham Aid Foundation.

## Better Homes for Doctors and Teachers

This program was created in 2002 to address the problem of retention at schools and clinics in rural areas. In these remote communities, doctors and teachers often leave their jobs after only a brief period of service because they want better living conditions. By improving doctors' and teachers' housing, we improve their moral, thus ensuring that a higher standard of vital services will be available to Tibetans in these areas.

In 2003, the program was operated in Bomei Township, Xinlong County, an extremely poor area. Program director Pam Logan led the team of volunteer workers:

Linda Griffin	Somwong Wangprajun
Sheila Smyth	Joe Deets
Tammy Deets	John Goodman

At the Bomei Clinic and the Bomei Primary School, living quarters were thoroughly renovated: old wall coverings were removed and new paint applied, windows repaired, wiring installed; a carpenter fixed broken ceiling boards and plugged chinks in the walls. Funds were provided to buy new tiles for the roofs, cement to repair walkways and stairwells, and materials to improve the outhouses. In all, X two-room apartments were renovated. The teachers and doctors themselves assisted the team; villagers were hired to provide additional labor. The team stayed in Bomei for ten days that culminated in a great thank-you party and celebration put on by the school.

## Cultural Heritage Preservation Program

Following the 2002 survey conducted at Dhe-tsang Monastery, in 2003 our conservators produced a number of detailed reports on the monastery's state of conservation. While such reports are routine in the international conservation world, they are rare for Tibetan sites. Consequently, program director Jonathan Bell was invited to write an article in ARCHITECTURE+ magazine that was published in early May/June 2004.

Unfortunately, the Dhe-tsang project has not gone forward, because local government representatives expressed concerns about foreigners staying for long periods in this sensitive area, and the procedures for obtaining official permission for such work are not transparent. Accordingly, we put the project on indefinite hold, pending resolution of this difficulty. Meanwhile, the monastery is continuing to renovate and rebuild without adequate methods or documentation. We are concerned about the lack of proper research and planning involved in reconstructions and the inability of the workers to appropriately handle historic building fabric. For now though, we can only wait for a green light to



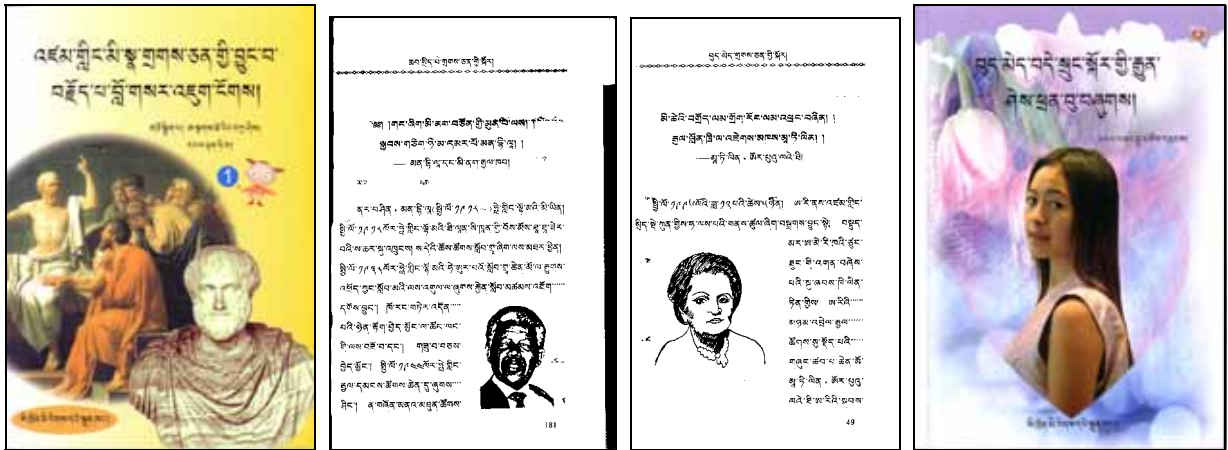
Before



After

return to Dhe-tsang, by which time much of the integrity of the site will surely have been compromised.

To restore momentum to the art and architecture conservation program, we returned to a region with which we have long had close ties: Derge County. President Pam Logan met with the Derge county chief, and with the head of the prefecture’s Cultural Relics Bureau, both of whom expressed a strong desire to cooperate with future Kham Aid Foundation efforts. The latter suggested that Kham Aid Foundation work on developing and implementing fire prevention strategies in monasteries, given that fires every year take a sad toll on Kham’s cultural patrimony. In 2004 we will further explore this concept.



Left to right: Cover of volume 1 of *Famous People*; two sample interior pages showing Nelson Mandela and Madeleine Albright; cover of the *Women’s Health* book.

**Books for Schools Program**

The publishing project that began in 2002 was brought to a successful conclusion by the publication of our latest series of children’s books, *An Introduction to the Sayings of Famous World Figures*. This is an eight-volume set encompassing the entire globe, from Plato to Albright. A ninth volume, *A Little Common Sense for a Woman’s Well-being*, was published that is not part of the series; instead it is a stand-alone book on health. It gives basic instruction on reproductive health, child-bearing, as well as diet, exercise and general tips for healthy living.

Like all of our book projects, these are written in Tibetan that will be easily understood by speakers of Kham-ke. The books will be distributed to middle schools and other institutions where people are learning intermediate-level Tibetan.

## **Greenhouse Microcredit Lending Program**

This program had a rather unusual genesis: it was suggested by Kham Aid's president's mother. We proposed it to the Ganzi Prefecture Women's Federation, and they suggested an excellent site for the program: Xinlong (Nyarong) County, where excellent farmland exists and where the demand for vegetables far exceeds supply. Two generous grants allowed the program to go forward, and ten families were selected to participate. Expert oversight was provided by the Xinlong County Agriculture Bureau, who recruited a trainer to work with the women who would be vegetable farmers.

The program suffered many glitches in its first year: a late start in planting, and insufficient ventilation in the greenhouses. However, Xinlong County threw their support behind the project, helping the women to overcome their difficulties. Although profits from the first harvest did not meet projections, the families were on track to make a loan repayment that was due in the spring of 2004.

## **Help for Clinics and Hospitals**

This year, we decided to concentrate our efforts on charity hospitals and clinics that serve poor people at low or no charge. Linda Griffin supervised the purchase and delivery of goods to several clinics. We gave \$6,000 to Kusho Shangye Rinpoche's charity hospital in Ganzi, which received funds for equipment – including badly needed protective gear for their x-ray technician - and monies to repair the leaking roof in their wards. We gave \$1,500 to another small charity clinic run by monks in Ashu, Dege county.

Thanks to Direct Relief International in Santa Barbara, California, we were able to bring \$22,000 worth of hardware to the Shangye Clinic and a government clinic in Zhuwo Township, Luhuo, which was judged to be one of the better-run clinics we supported in 2002.

In the course of running this program, and choosing which facilities to



**Radiologist at the Shangye Clinic with an X-ray shield provided by Kham Aid Foundation.**



**Linda Griffin unpacks instruments at the Zhuwo Clinic in Luhuo as doctors look on.**

support, director Linda Griffin was compelled to confront the dilemma of public vs. private health care in Kham. She learned that public health care is often unaffordable, forcing private charity clinics to duplicate their services so that poor Tibetans can get access to crucial care. The result is wastage of resources; yet there is no obvious way to unite the two independent communities of care-givers.

In a separate Special Project, we gave US\$9,000 worth of support to a clinic operated by the Tharjay Charitable Foundation in Qinghai.

### **Midwife Training Program**

This program was begun in 2001 at the request of the Women's Federation of Ganzi Prefecture. The purpose is to teach village midwives how to care for women in pregnancy, labor, and delivery, and home health care for young children. The program offers five weeks of training, including classroom teaching and hands-on hospital internship. Wu Bangfu is executive director.

This year, we held two training sessions, producing ten midwives each from Serthar (Seda) and Pelyul (Baiyu) Counties. As follow-up to last year's training, a Kham Aid field team interviewed graduates to find out how they were applying their new knowledge. We were pleased to learn that, not only were our midwives successfully delivering babies and providing health care to their communities, but eight of them had also been selected to receive further medical training.



**Back row: Midwife trainees from Baiyu. Front row: instructors, Women's Federation representatives, and Kham Aid president Pamela Logan.**

### **Reforestation Program**

In 2003 we sponsored the planting of 10,000 seedlings around Jingang Village in Kangding County. The village is located on a steep slope north of the Tse River. The villagers needed trees to cover deforested slope, to stabilize the ground and prevent erosion. They agreed to do the labor for free, and to look after the seedlings after planting



**Tree-planting near Jingang Village, Kangding County. April 2003.**



**Sponsored girls in Xinlong (Nyarong) County. October, 2003**

### **Scholarship Program**

The Scholarship Program helps children enter junior middle school and primary school by finding sponsors for them to pay school costs such as housing, tuition, books, and sometimes clothing and/or medical expenses. Each year, sponsors receive a photo of the student(s) they are sponsoring, a thank you letter written by the student, and a letter from the Program Director, Dana Isherwood. In 2003, the support required from each middle school student sponsor was \$325 for the first year, \$275 for each of two subsequent years.



**Palden Tashi studies at the Dawu County Middle School thanks to a Kham Aid Foundation sponsor.**

In 2003 we began sponsoring some of our graduating girls to continue their education in Senior Middle School (grades 10-12). The cost of this depends on which school the child is admitted to, and how well she scored on the entrance exam. Annual expenditure for senior middle school is around \$500 per year per child.

See the table below for detailed statistics of KAF sponsored students

County	Enrolled students as of Dec., 2002	Enrolled students as of Dec., 2003	Former (graduated) students as of Dec., 2003	Children leaving school during 2003
Litang	6 J	13 J	11 J	
Dawu	10 J, 30 P	25 J, 50 P		1 J

Derong	24 J	11 J	13 J	
Xinlong	18 J	18 J		
Batang	20 J	15 P, 20 J, 6 S		
Kangding	1 J	1 S	1 J	
Luding	5 J	2 S	5 J	
Yajiang	12 P			
Ganzi		1 S		
<b>Total</b>	<b>126 students</b>	<b>162 students</b>	<b>22 students</b>	<b>1 student</b>

P = primary school students, J = junior middle school students, S = senior middle school students

Notes: The County shown is the location of the school where the child is attending, not necessarily their home County. For example, the girls at Luding came from Dawu County. The six Derong girls in senior middle school are studying in Batang, since Derong has no senior middle school. See text for explanation of why there are no Yajiang students listed after December 2002.

In other cases, our students did well enough on their entrance exams that they were able to find scholarships from other sources to continue on in Senior Middle School. These children are noted as “graduated” in the table below, but many of them are not finished with their education – they are simply not under our auspices any longer.

In the spring of 2003, we learned that officials in charge of our primary school students at the Weidi School in Bajiaolou township, Yajiang (Nyachuka) County were “double-dipping” – enrolling the same children in our program and another NGO’s scholarship program. Accordingly, we stopped funding the children at Bajiaolou.

## School Aid

In many areas we’ve found that schools are hampered in their mission by lack of equipment. The areas of sanitation and recreation, which are important for ensuring children’s good health and continued interest in school, are especially lacking, though vital infrastructure such as beds and desks are also sometimes absent. In 2003, the following small grant requests were funded:

- **Shangye Rimpoche Charity Primary School**, Ganzi: sports equipment, musical instruments, and kitchen paraphernalia. **Total \$1,219.**
- **Dawu Erwan Primary School.** Showers, a dish-sterilizer and freezer. **Total \$2,438.**
- **Litang County Nomad District Bilingual Primary School** : 2 Ping pong tables, musical instruments, tape recorder, washing machines, and 25 teachers’ desks. **Total \$1,780.**
- **Batang Tuanjie Minzu Primary School:** Dining room tables and chairs, cupboards and shelving for kitchen equipment, dish-sterilizing



**The Litang County Nomad District Bilingual Primary School assembling new desks donated by Kham Aid Foundation.**

- cupboard, storage cupboards, and ten bunk beds, **Total \$1,540.**
- **Batang Junior Middle School:** one thousand-liter freezer, and two washing machines. **Total \$756.**

The items given to Batang and Litang were personally delivered to the schools by a Kham Aid Foundation representative. Receipt of items at Ganzi and Dawu schools has been verified by the program director in subsequent visits.

### **Teacher Training**

In the fall of 2002, eight young people from Xinlong (Nyarong) County matriculated into Kangding Normal University under Kham Aid Foundation scholarship. Because of a severe shortage of teachers in Xinlong, the eight were already working in classrooms, however they had never undergone a proper course of study to become credentialed teachers. The county requested funds so that some of these teachers could receive proper training and accreditation.

In 2003, the eight future teachers completed the first year and started the second of the two-year program. The six men and two women will graduate in summer, 2004 and to Xinlong in the fall to take up posts in schools there. Half will teach Tibetan language and the other half will teach computers.



**Eight teacher trainees studying at Kangding Normal University under Kham Aid Foundation scholarship. (April, 2003).**

### **Disaster Relief Program**

There was a flood disaster in Danba County in July, 2003. We sent staff to investigate, and determined that damage to many riverside village homes and one school was serious. However, the local community rallied, the government pitched in its support, and many workers in Kangding offices made cash contributions. As a result, the Danba government had no specific request to us for aid.

### **Text Preservation and Research Program**

In this program, director Stephen Aldridge is investigating the history and religious geography of the Minyag (or Chala) region of Kham.



**Khamsum Drag Monastery, mentioned in Gongkar Tulku's Minyag-language manuscript.**

Minyag society was based in present-day Ganzi Autonomous Prefecture after 1277; it was important in Tibetan history, especially to the Kagyu and Sakya schools of Buddhism. However research into Minyag culture has been difficult due to the remote and rugged nature of the region. His most important literary source is *The Incarnation from White Glacier Mountain*. This is the biography of Gonkar Tulku, a trove of information that includes a pilgrimage guide to the areas now covered by Jiulong and Kangding counties and some surrounding areas.

In September 2003, a “ground-truthing” expedition traveled for three weeks in the region, verifying the existence and location of many places mentioned in Gongkar Rinpoche’s book. The results will be published as part of Aldridge’s translation. Those interested in a preliminary report on his 2003 trip can contact him at [saldrige@mindspring.com](mailto:saldrige@mindspring.com).

### **Volunteer English Teacher Program**

In 2003 we placed one volunteer at a school, Claudia Duncan. Shortly after her arrival, the local government announced stringent new regulations requiring that all foreign teachers at schools in Ganzi must possess some sort of teaching license, for example certification from an accredited course of Teaching English as a Second Language.

Sadly, Ms. Duncan left her post after only three weeks at Kangding Middle School. We began searching for volunteers to meet these new requirements, and expect to send several to Kham in 2004.

### **Wheelchair Program**

The 2003 Kham Aid wheelchair mission took place during October-November. The volunteer team consisted of the following:

Eunice Shen, physical therapist (PT), and Board Certified Pediatric Clinical Specialist: Program Director.  
Karen Malone, PT and translator  
Jerry Wada, MD, Internal medicine & oncology  
Tara Hong, Translator and health worker  
Mike Shen, Engineer and technical support

The team was assisted and supported by Wu Bangfu, director of Kham Aid Foundation’s field office.

This year we changed the way we get wheelchairs for this program. In the past, we have received free and subsidized chairs from two U.S. charities, however the subsidy has been steadily decreasing in the past few years, and even the free chairs incurred large costs associated with clearing them through Chinese customs. We decided, therefore, to purchase chairs



**Wheelchair recipient Da Tsen, age 82, has severe osteoarthritis. The team brought a wheelchair to her home in Dege. Wu Bangfu is pictured behind her.**

in Chengdu from the Limb Therapeutic Center of Sichuan Province, a local organization that's partly for-profit and partly State-owned. In previous years, our team members visited their showroom and found their products to be strongly built and adequate for our purposes.

To pay for the chairs, we recruited sponsors who donated \$100 for each chair. The sponsors later received photos and biographic information about the people they had helped. We bought one hundred wheelchairs using these funds, supplemented by a grant from a private foundation, which also covered the team's ground costs. The volunteer workers also contributed by paying for their own air tickets to Chengdu. As a result of all of this support, we were able to deliver 51 wheelchairs (including one left over from 2002) to Dege (Derge) and 50 to Baiyu (Pelyul) Counties. One more wheelchair, donated by Wheels for Humanity and hand-carried to Chengdu, was delivered to the Sichuan Holy Love Foundation, our long-time program partner.

During the team's visit to Baiyu, they not only worked with disabled people, they also trained two local officials in the basics of wheelchair fitting.

The team encountered enormous difficulties during their mission: a road accident almost resulted in their driver being beaten up in Tagong, and two simultaneous blow-outs at stranded the team for several hours at 5000 meters. They also had a broken fuel line that was repaired using duct tape from among the wheelchair supplies. Despite these difficulties, the deliveries were made, and everyone returned safely.



**A few of the 101 people in Baiyu and Dege who received wheelchairs. Wu Bangfu and Eunice Shen (standing) are also pictured.**

Kham Aid Foundation Financial Condition

***Profit and Loss (unaudited)***

All figures are in US dollars

	<u>Jan - Dec 03</u>
<b>Income</b>	
4010 · Support - Individuals	73,067.92
4050 · Support - Foundations	101,666.95
4500 · Sales - Books	911.75
4510 · Sales - Cards	55.15
4560 · Refunds-Reimbursements	890.17
4800 · Interest Income	505.44
4900 · Other Income	2,000.00
4999 · Miscellaneous Income	<u>12.20</u>
<b>Total Income</b>	<b>\$179,109.58</b>
<b>Cost of Goods Sold</b>	
5000 · Cost of Goods Sold	<u>93.67</u>
<b>Total COGS</b>	<u>93.67</u>
<b>Gross Profit</b>	<b>\$179,015.91</b>
<b>Expense</b>	
5001 · Payroll Expenses	2,500.00
5020 · Automobile & Parking	18.00
5022 · Staff Expenses	3,195.32
5110 · Publicity & Public Relations	48.78
5155 · Consultant	36.59
5170 · Books / Reference Materials	121.52
5200 · Office Rent	658.54
5210 · Utilities	235.85
5215 · Telephone	939.59
5216 · Telephone - Avery shared	10.78
5220 · Postage	635.11
5230 · Delivery & Overnight Mail	28.66
5250 · Stationary	451.06
5260 · Printing	0.37
5270 · Supplies	1,063.54
5290 · Bank Fees	889.88
5293 · Credit card fees	545.74
5295 · PayPal fees	6.34
5310 · Accountant Fees	500.00
5320 · Insurance	2,499.56
5330 · WebSite & Related	240.00
5334 · Taxes, Licenses & Other Fees	90.00
5340 · Office Equipment	973.63

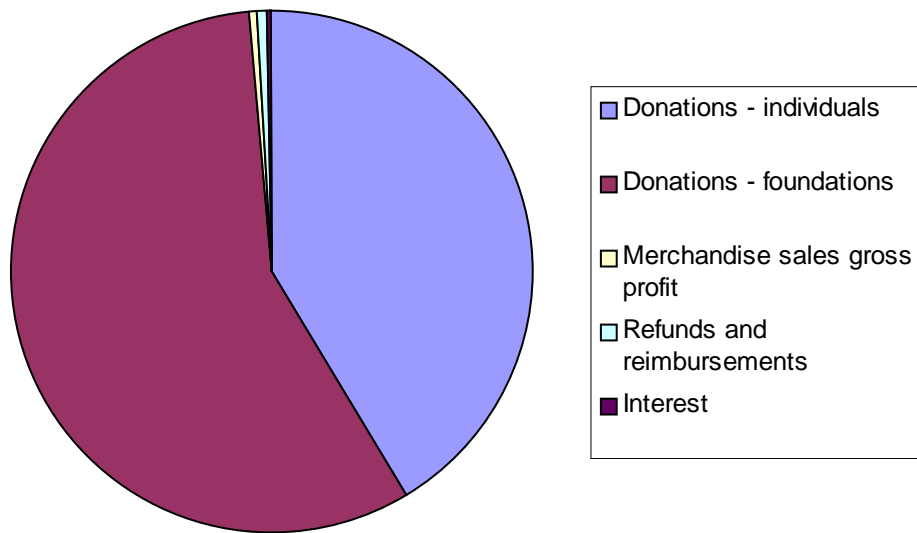
5345 · Field Equipment	76.51
5350 · Equipment Maintenance	109.76
5355 · Field Supplies	38.54
5360 · Books, Maps, Ref Materials	17.95
5370 · Brochure/Printed Publicity	754.78
5380 · Photos & Illustrations	57.34
5405 · Program Transfers & Grants	115,914.11
5410 · Other Program Expenses	124.13
5500 · Film & Photo Supplies	269.02
5502 · Photo Developing	50.58
5521 · Travel - Transportation	8,079.87
5522 · Travel - Lodging	1,667.44
5600 · Travel - Meals	1,166.68
5610 · Travel - Other Living Expenses	-31.50
5620 · Travel - Local Fees & VISAs	308.98
5630 · Travel - Medical & Health	3.66
5640 · Travel - Insurance	424.88
5670 · Meals & Entertainment	264.61
5800 · Interest Expense	3.76
5850 · Fundraising Expense	7,718.25
5900 · Miscellaneous	<u>376.63</u>
<b>Total Expense</b>	<u><b>\$153,084.84</b></u>
<b>Net Income</b>	<u><u><b>\$25,931.07</b></u></u>

*Balance Sheet (unaudited)*

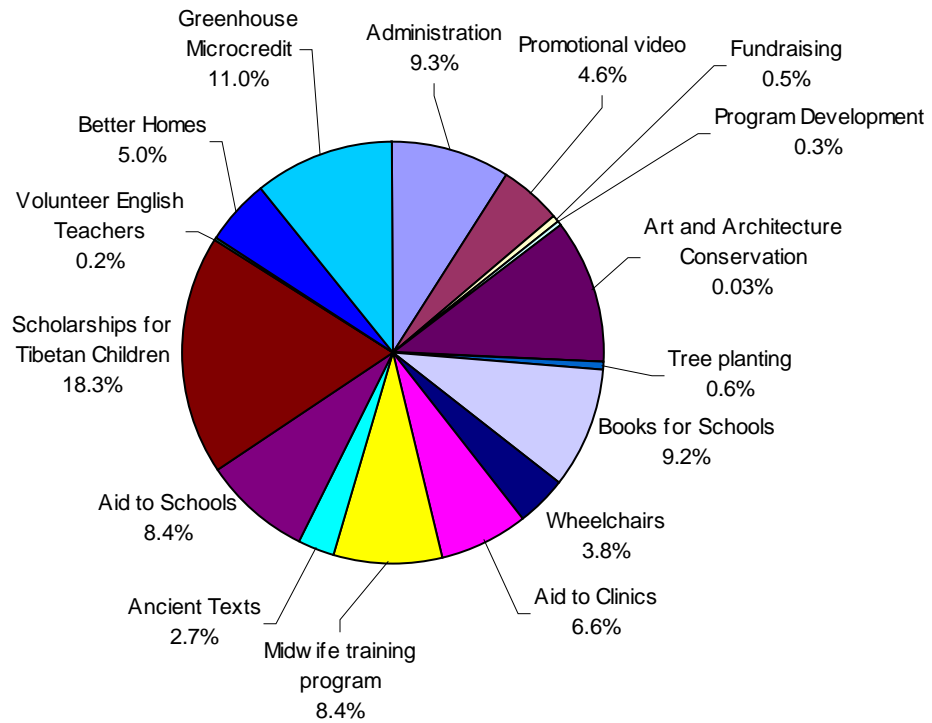
	<u>Dec 31, 03</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
1001 · Petty cash	603.61
1003 · City National MM	51,137.03
1004 · CityNat'IBank #009-497447	78,333.89
1005 · Checking - Kangding Acct	<u>11,598.77</u>
<b>Total Checking/Savings</b>	<b>141,673.30</b>
<b>Other Current Assets</b>	
1120 · Inventory Asset	469.62
1240 · Advances to Staff	11,445.52
1401 · Inventory - Books	2,885.94
1405 · Inventory - Merchandise	<u>6,353.00</u>
<b>Total Other Current Assets</b>	<u><b>21,154.08</b></u>
<b>Total Current Assets</b>	<u><u><b>162,827.38</b></u></u>

<b>TOTAL ASSETS</b>	<b><u>162,827.38</u></b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
<b>Other Current Liabilities</b>	
2200 - Sales Tax Payable	16.33
2201 - Sales Taxes	<u>1.78</u>
<b>Total Other Current Liabilities</b>	<b><u>18.11</u></b>
<b>Total Current Liabilities</b>	18.11
<b>Long Term Liabilities</b>	
2999 - Suspense	<u>-42.03</u>
<b>Total Long Term Liabilities</b>	<b><u>-42.03</u></b>
<b>Total Liabilities</b>	-23.92
<b>Equity</b>	
3300 - Fund Balance - Unrestricted	26,501.51
3301 - Temp. Restricted Net Assets	20,000.00
3800 - Opening Bal Equity	563.29
3900 - Retained Earnings	89,855.43
Net Income	<u>25,931.07</u>
<b>Total Equity</b>	<b><u>162,851.30</u></b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b><u>162,827.38</u></b>

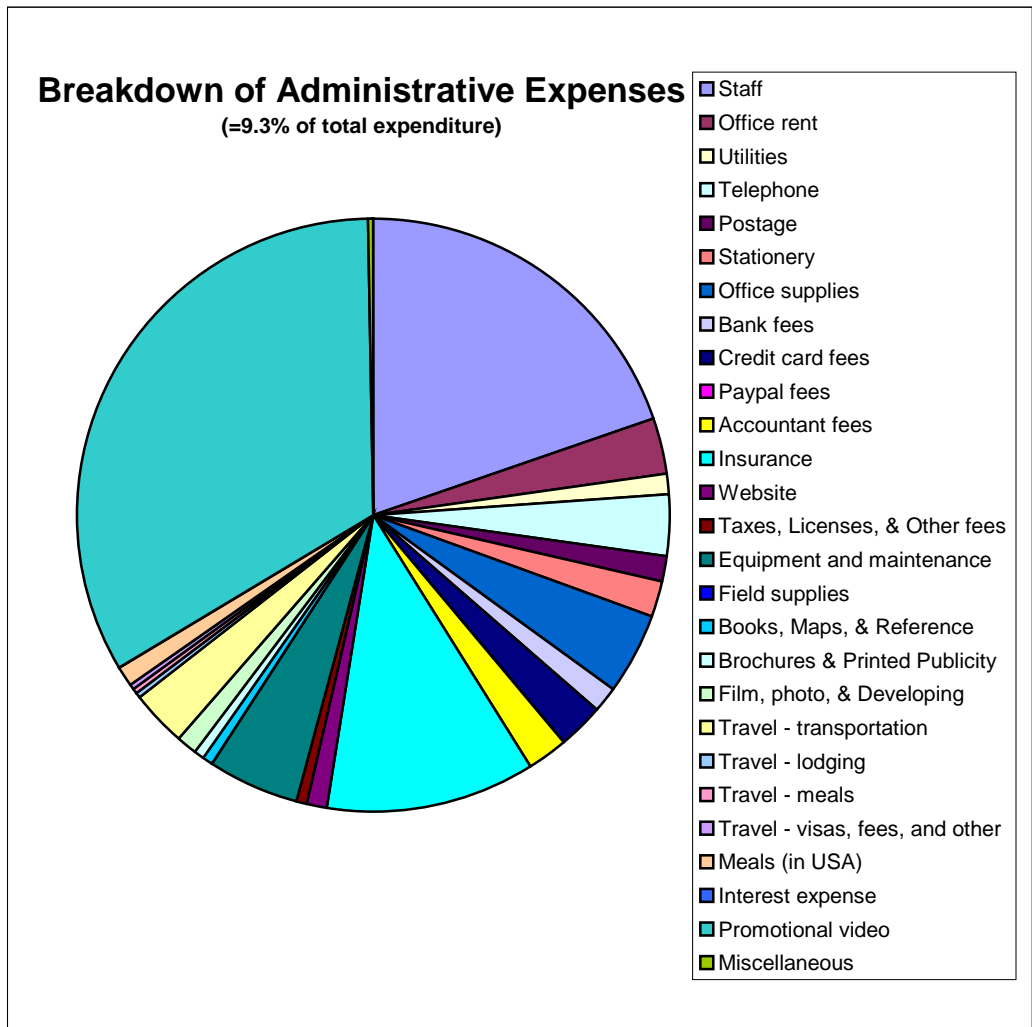
### Kham Aid Foundation - income sources 2003



### 2003 Expenditures by Program



<b>PROGRAM NAME</b>	<b>Amount of expenditure (USD)</b>
Administration	\$14,490.48
Promotional video	7,250.00
Fundraising	834.45
Program Development	395.24
Special Projects	17,284.00
Art and Architecture Conservation	46.42
Tree planting	981.11
Books for Schools	14,438.73
Wheelchairs	5,963.31
Aid to Clinics	10,264.47
Midwife training program	13,131.01
Ancient Texts	4,215.24
Aid to Schools	13,108.12
Scholarships for Tibetan Children	28,516.68
Volunteer English Teachers	338.18
Better Homes	7,758.61
Greenhouse	17,131.72
<b>TOTAL</b>	<b>\$156,147.77</b>



## **Kham Aid Foundation Leadership**

### *Board of Directors*

Pamela Logan  
Dana Isherwood  
William Isherwood  
Jonathan Bell  
Melinda Liu  
David Bleyle  
Ruth Hayward

### *Program Directors*

For details, please see the text of this report, or our website.

### *Officers*

President: Pamela Logan  
Vice President: Dana Isherwood  
Treasurer: Adrienne Harris  
Secretary (2003): Bridget Bray  
Secretary (2004): Shirley Cooper

### *Staff*

Director of Field Office: Wu Bangfu  
Manager of Main Office (2003): Bridget Bray, (2004) Shirley Cooper

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Tel 510 237-4466

## **World Wide Web Site**

[www.khamaid.org](http://www.khamaid.org)