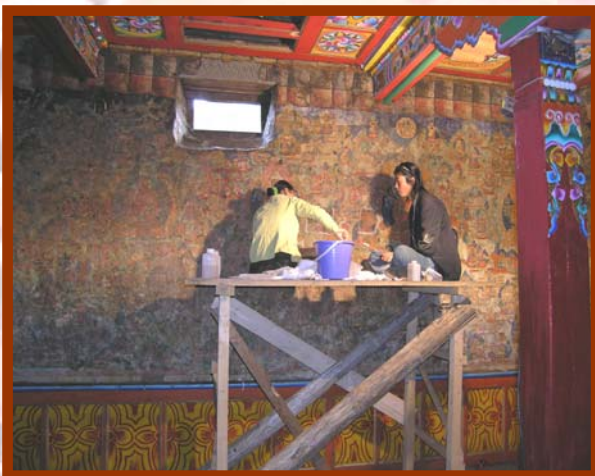


Help preserve sacred Tibetan art traditions Be a Volunteer Art Conservator

Come with Kham Aid Foundation to the eastern Tibetan plateau, a region known as Kham, where sacred Buddhist murals, some of them hundreds of years old, have miraculously survived in a handful of remote villages and temples. Learn from expert conservators the delicate and demanding art of restoring damaged paintings back to their original beauty. This adventurous two-week trip is unlike anything you've ever experienced, a remarkable way to make a difference in Tibet.

Trip features:

- ◆ Six days of actual hands-on work repairing, cleaning, or retouching Tibetan works of art, guided by experienced conservators from Nepal as you work side by side with Tibetan students.
- ◆ Sightseeing in Kangding: visit famous Paoma Shan (Race Horse Mountain), Dorje Drak Monastery, and wander the market by Kangding's sacred town spring.
- ◆ Trip to Puzarong to see the paintings at Trupa Lhakhang, including a one-hour horseback ride to reach the temple at its remote mountain redoubt.
- ◆ Half day visit to the Tagong Grasslands, including Tagong Monastery.
- ◆ Optional: stay one night in a nomad tent and/or several nights in a Tibetan village house, hosted by Tibetan families.
- ◆ On your way back to Chengdu, there's a stop at the Wolong Panda Breeding Center.
- ◆ Trip starts and ends in the city of Chengdu, the capital of Sichuan province. Each group is limited to ten participants.



Cost: US\$1800, and includes all lodging (twin-share basis), transportation, and meals from the evening of the first day to the morning of 14th day. Transportation from your home to and from Chengdu is not included.

You are responsible for emergency medical evacuation insurance (required), clothing needed for dry cold weather, and any medical care you may need during the trip. Those with special dietary requirements should discuss with us whether you will need to bring supplementary food supplies.

Trip Dates

Group 1: Oct 24 to Nov 6

Group 2: Nov 7 to 20

To find out more, go to www.khamaid.org/youcanhelp/artvolunteer